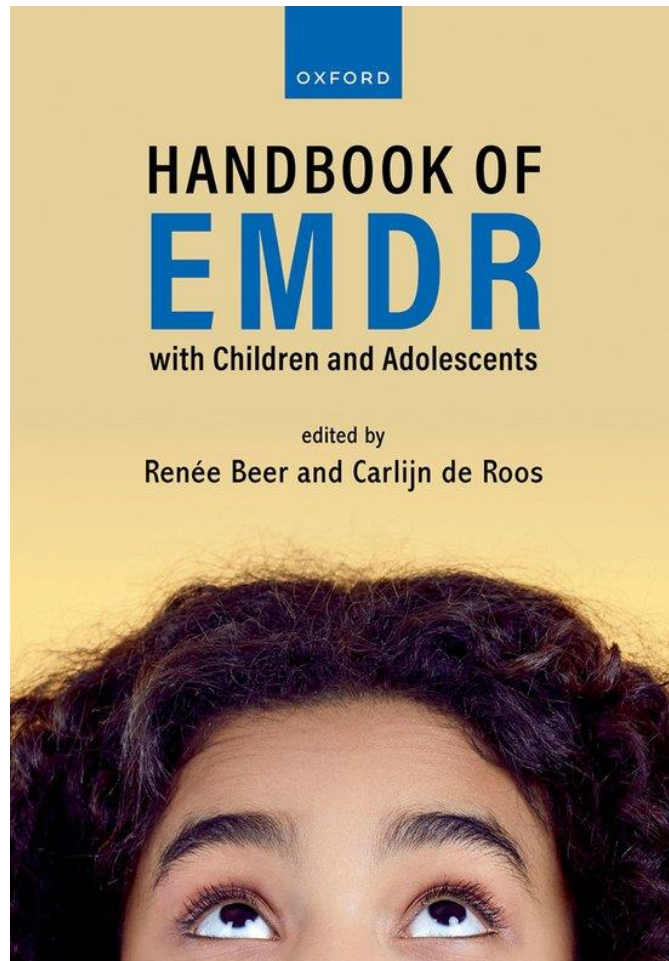




EMDR
Child and Youth

EMDR APPLICATIONS ACROSS CLINICAL CONTEXTS

Opening

Renée Beer and Sarah Schubert

YOUR HOSTS



EMDR

Child and Youth

PARTICIPANTS

Argentina	France	Norway
Australia	Germany	Poland
Austria	Greece	Portugal
Belgium	Hungary	Romania
Brazil	Ireland	Slovakia
Chili	Israël	Spain
Columbia	Italy	Switzerland
Cyprus	Latvia	Turkey
Czech Republic	Luxembourg	Ukraine
Finland	Mexico	United Kingdom
	New Zealand	United States

AGREEMENT ON SHARED MATERIAL



OVERVIEW

Rationale

Structure

Process

Historical context

Content

Oxford Handbook of EMDR



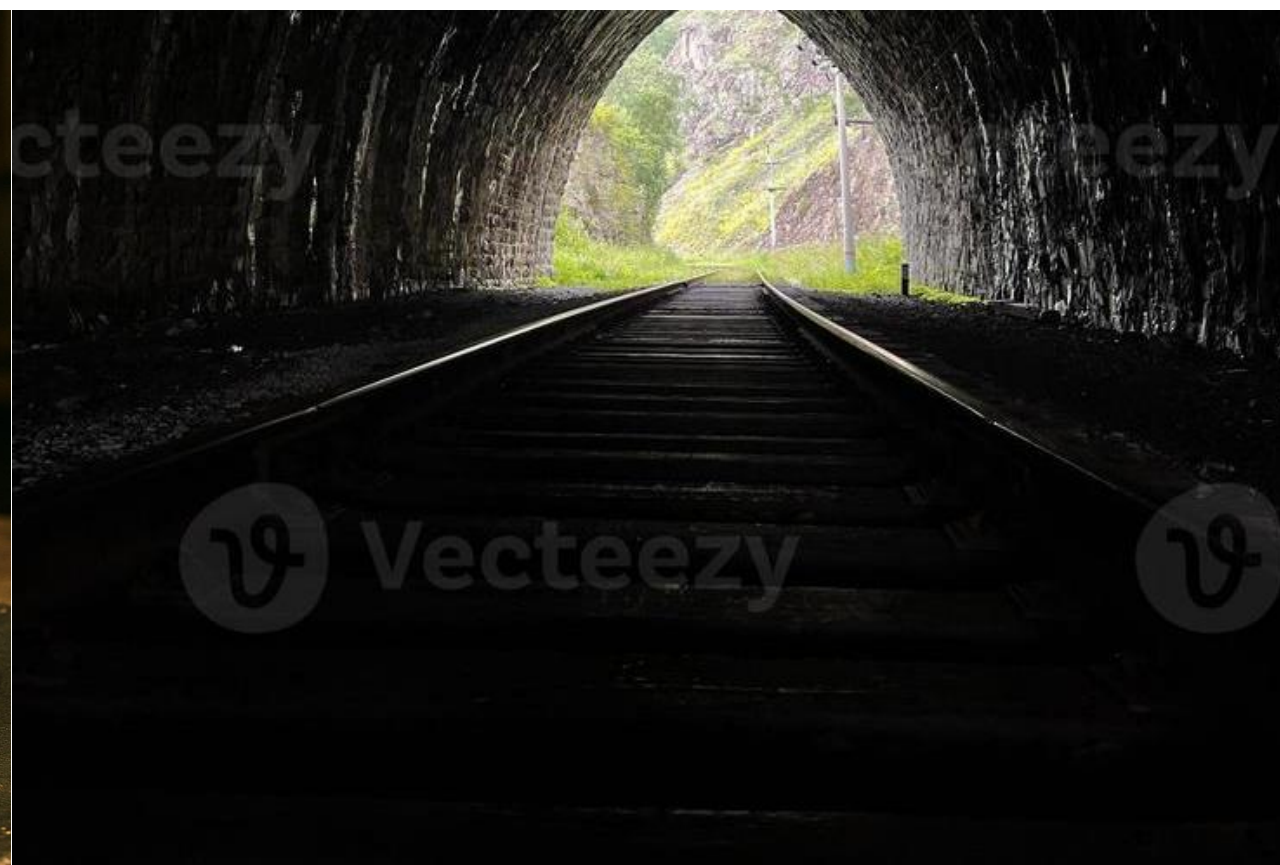
OVERVIEW

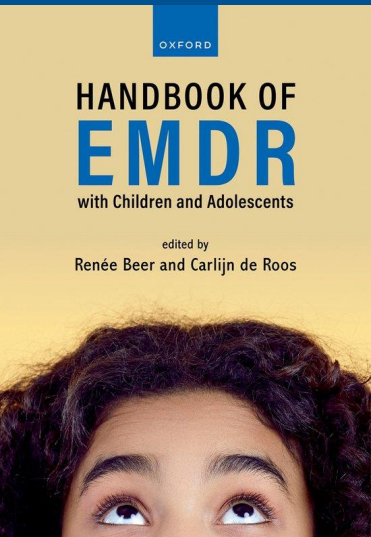
Rationale

OVERVIEW

Structure

THE PROCESS





THE PRODUCT

CONTENT

I. Training Topics	II. Target groups	III. Specific settings
	APPLICATION ACROSS	CLINICAL CONTEXTS

CONTEXT

DEVELOPMENT C&A FIELD IN EUROPE 2001-2026

From specialty workshop within generic trainings to
separate C&A trainings

Gold Standards for C&A trainings > European model >
Work in Progress

Separate accreditation as EMDR C&A Practitioner
(2013) >



URGENCY OF OUR WORK

1 billion

affected by violence-related trauma

166 million

clinically diagnosed mental health disorder

EMDR

an endorsed treatment for PTSD in C&A in international guidelines.

Only 10-20%

of trauma- exposed children access mental health services



PART I

SPECIFIC OR SPECIAL FOR C&A

- More than simplified EMDR
- Relevant contexts for C&A clinicians
- Resources and resilience
- Adaptations in the protocol



PART I

MATERIAL FOR TRAININGS

Starting Points
of EMDR

EMDR
Indications for
children

Parents or
Families

Adjustments in
the Standard
protocol

Storytelling for
preverbal
trauma

Interweaves

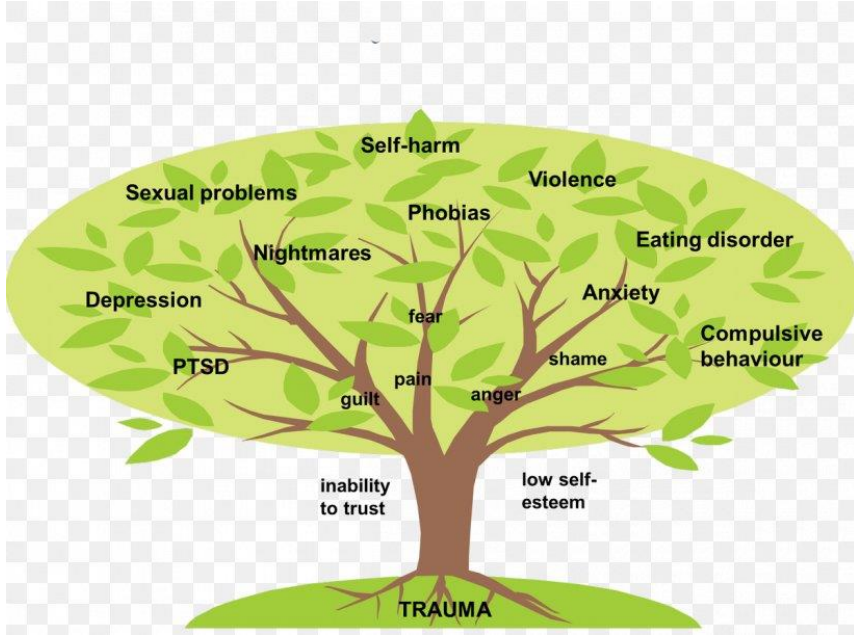
Stressregulation

EMDR

Child and Youth



PART I



Impact of PTEs and ACEs



Case conceptualization



Group protocols



Evidence base for PTSD and beyond

EMDR

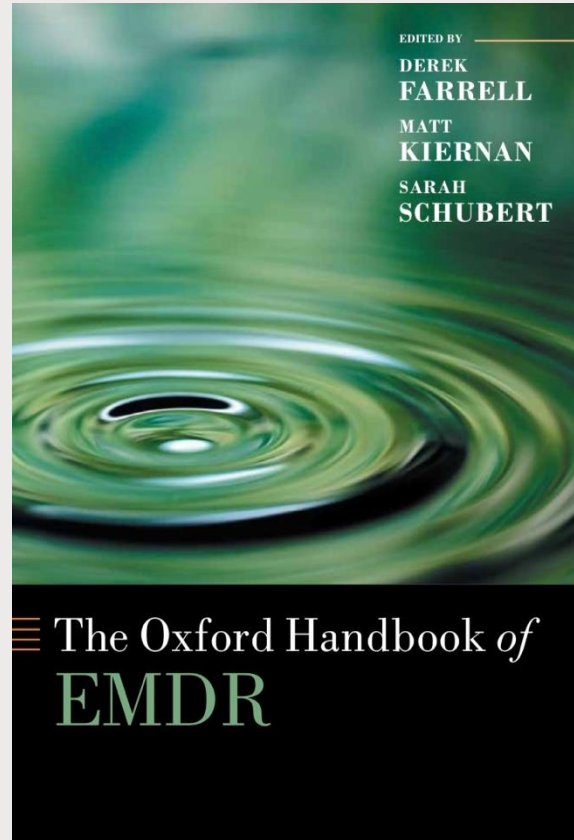
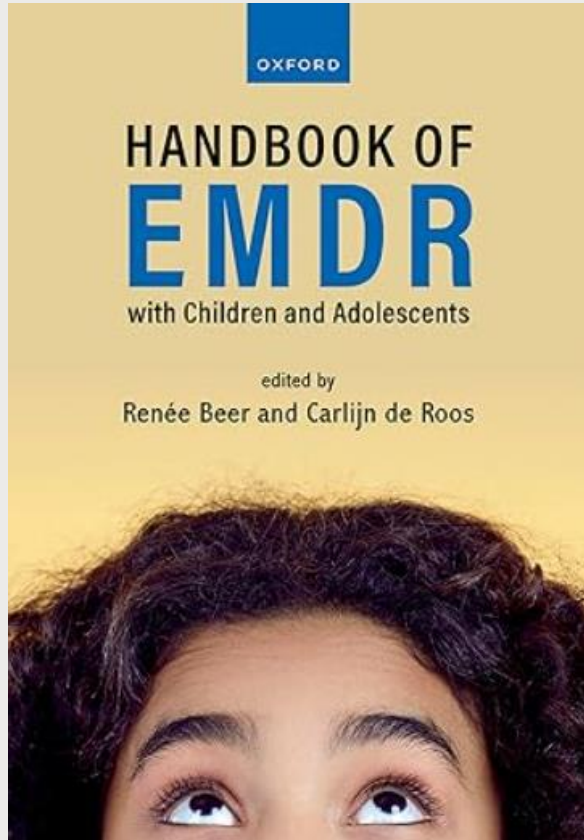
Child and Youth

EFFECT OF EMDR EXPLAINED BY A PRESCHOOLER



Sarah Schubert





The Handbook of EMDR with Children & Adolescents

Renée Beer & Carlijn de Roos (Eds.)

The Oxford Handbook of EMDR Therapy

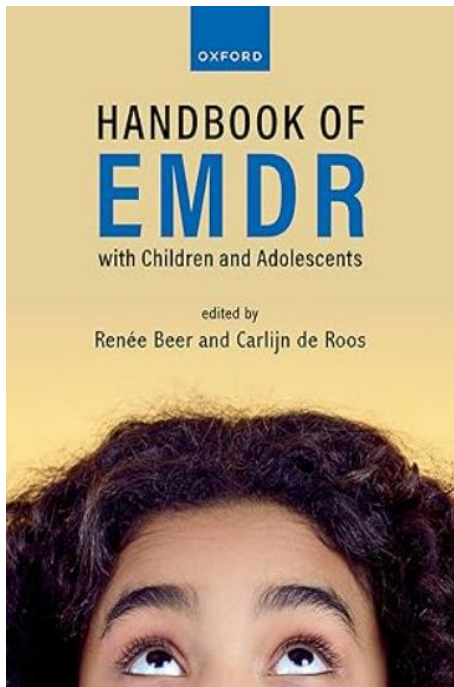
Derek Farrell, Sarah Schubert, & Matthew Kiernan (Eds.)

<https://doi.org/10.1093/oxfordhb/9780192898357.001.0001>,



The Handbook of EMDR with Children & Adolescents

Renée Beer & Carlijn de Roos (Eds.)



- Brings together the voices of experts in their fields in EMDR
- Integrates theory, evidence, & clinical application
- Across diverse presentations, populations, treatment settings & contexts
- Comprehensive *and* accessible
- Guides not just *what to do* — but *how to think conceptually*
- Foundations of trauma & development → to complex, transdiagnostic practice
- Working with children, families, and systems
- Grounded in relational, cultural, ethical, and contextual awareness

- **Core text** for child EMDR clinicians
- **Resource** for consultants guiding clinical practice
- **Foundation** for EMDR trainer curriculum development
- **Benchmark** for national organizations to support training, accreditation, and safe EMDR practice with children across the lifespan

“This handbook captures not only what we know—but is a guide moving us towards who we are becoming as a field.”

The Handbook of EMDR with Children & Adolescents

Renée Beer & Carlijn de Roos (Eds.)



EMDR
Child and Youth