

Kid in Good System (KINGS)

EMDR in an Inpatient Setting



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ACCARE CLINIC

OUR CLINIC WITH 4 HOUSES IN 2005 WITH 28 CHILDREN



Care for youth with complex problems



Symptom-focused

Child-centered

Adverse Childhood Experiences (ACEs)



Physical



Physical



Mental Illness



Incarcerated Relative



Emotional



Emotional

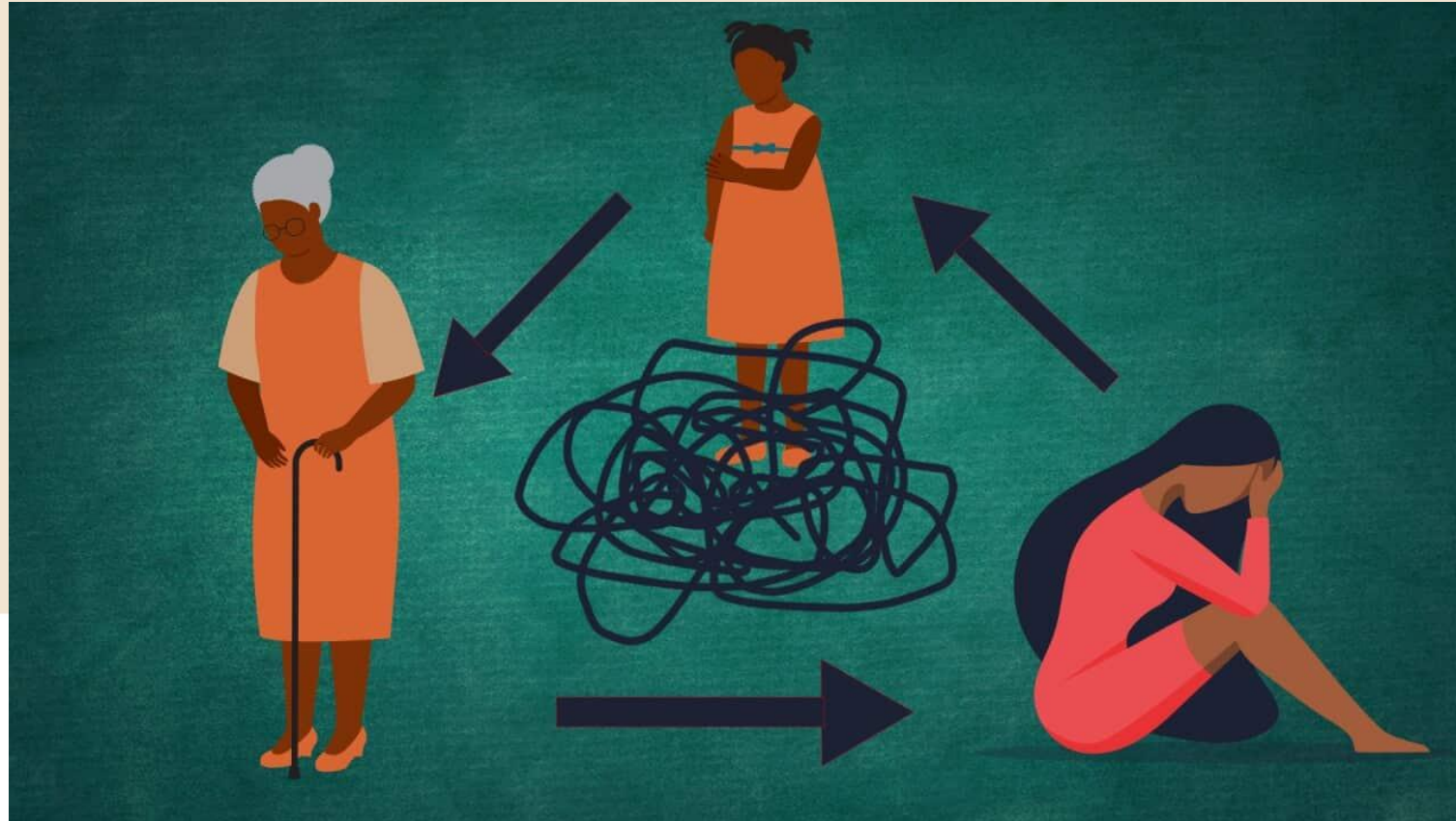


Mother treated violently



Substance Abuse

Intergenerational transmission of ACEs



Alternative approaches to Out-of-Home Placement (OHP)

- **Exploring family-centered alternatives**
 - How can we prevent family problems from escalating to OHP?

“You can keep rescuing drowning people from the river, but maybe it would be better to look at where, why and how so many people are falling into the water upstream.”

KINGS: Kid IN Good System



Trauma informed Care

Family-focused



family treatment
("shared family care")



trauma-informed

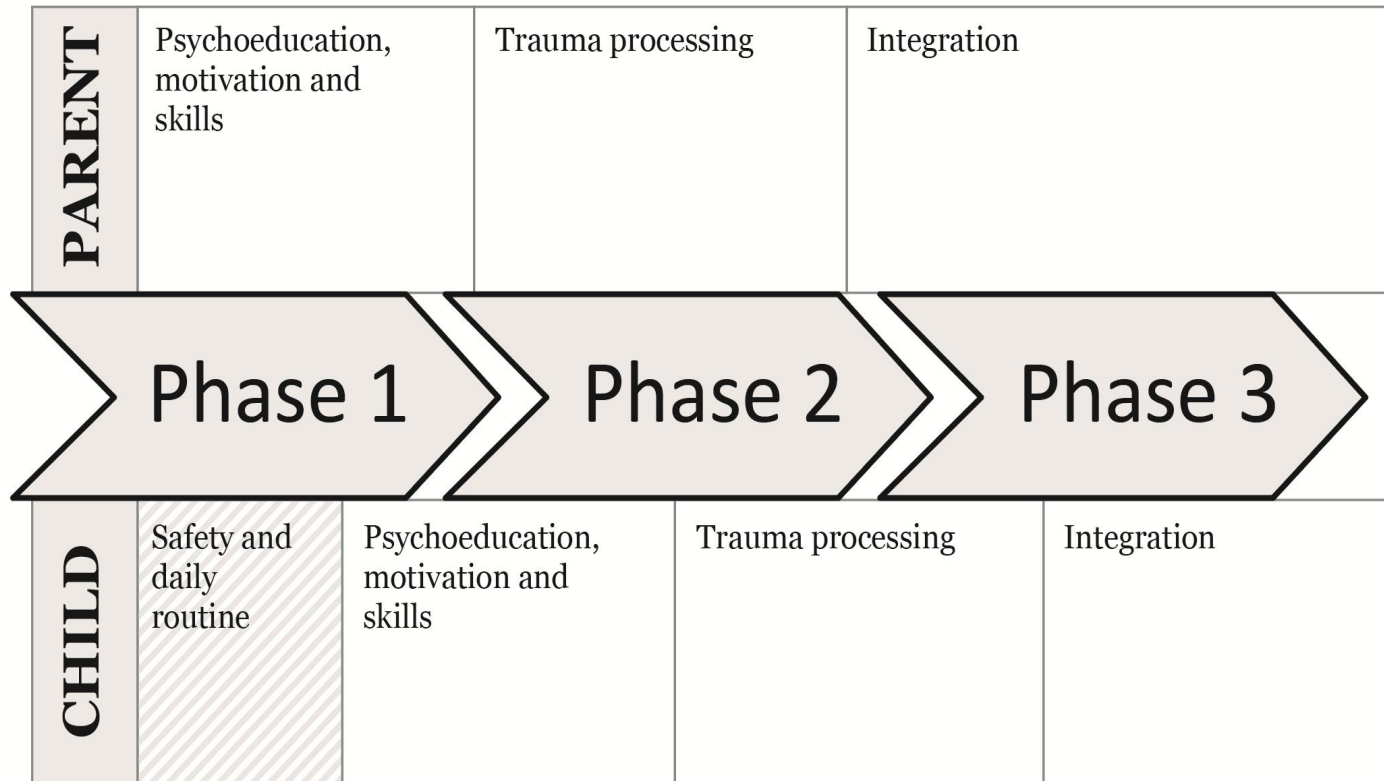
inpatient

KINGS (“Child IN Healthy System”)

- 6-8 weeks residential program for whole families
- 24/7 support from family support workers and therapists
- Individualized coaching, family therapy, trauma treatment.
- Based on the assumption that **breaking the cycle of intergenerational trauma** and adversity is essential to help families achieve long-term positive outcomes and preventing out-of-home placement of the child



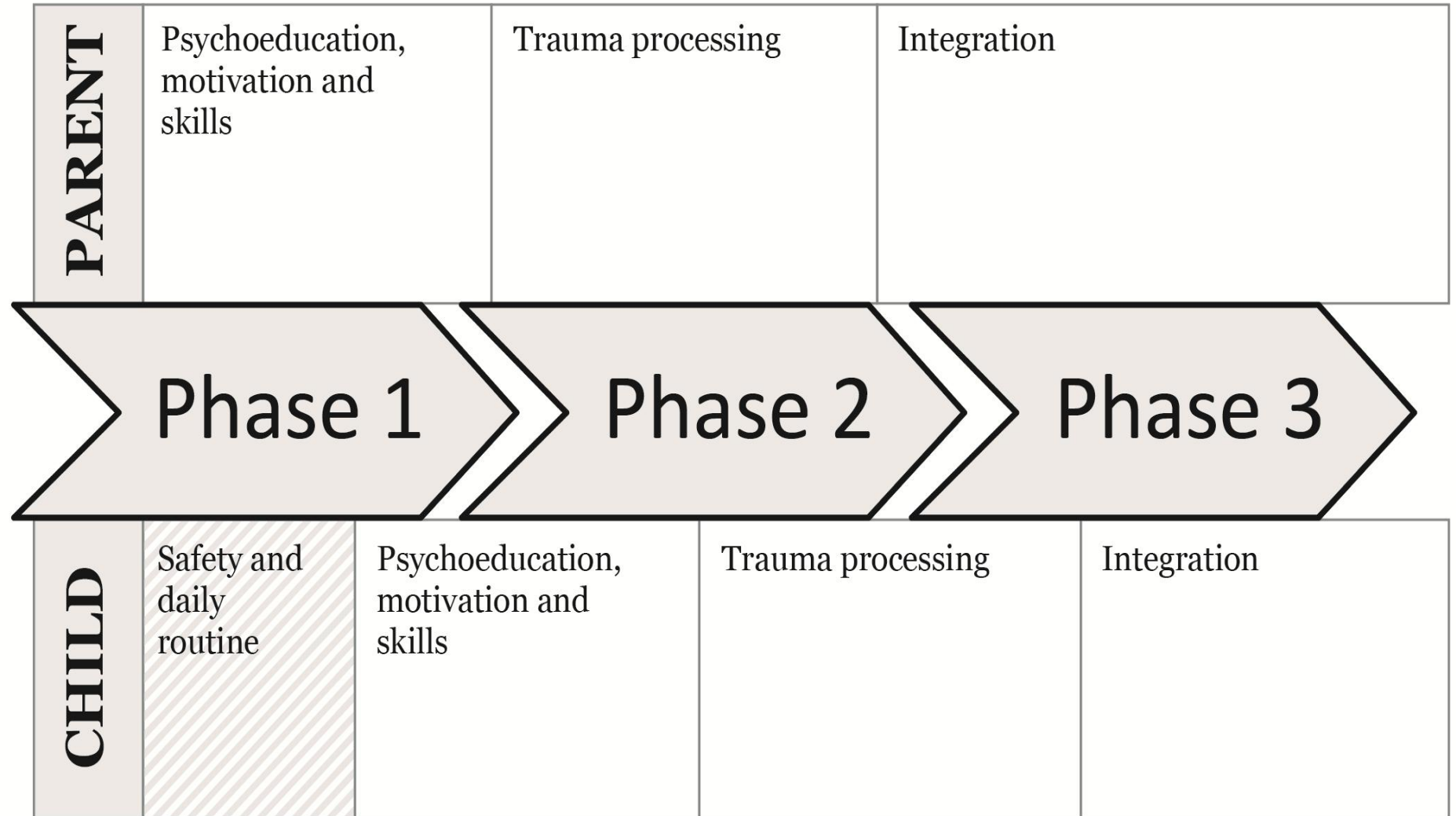
Phases of Treatment

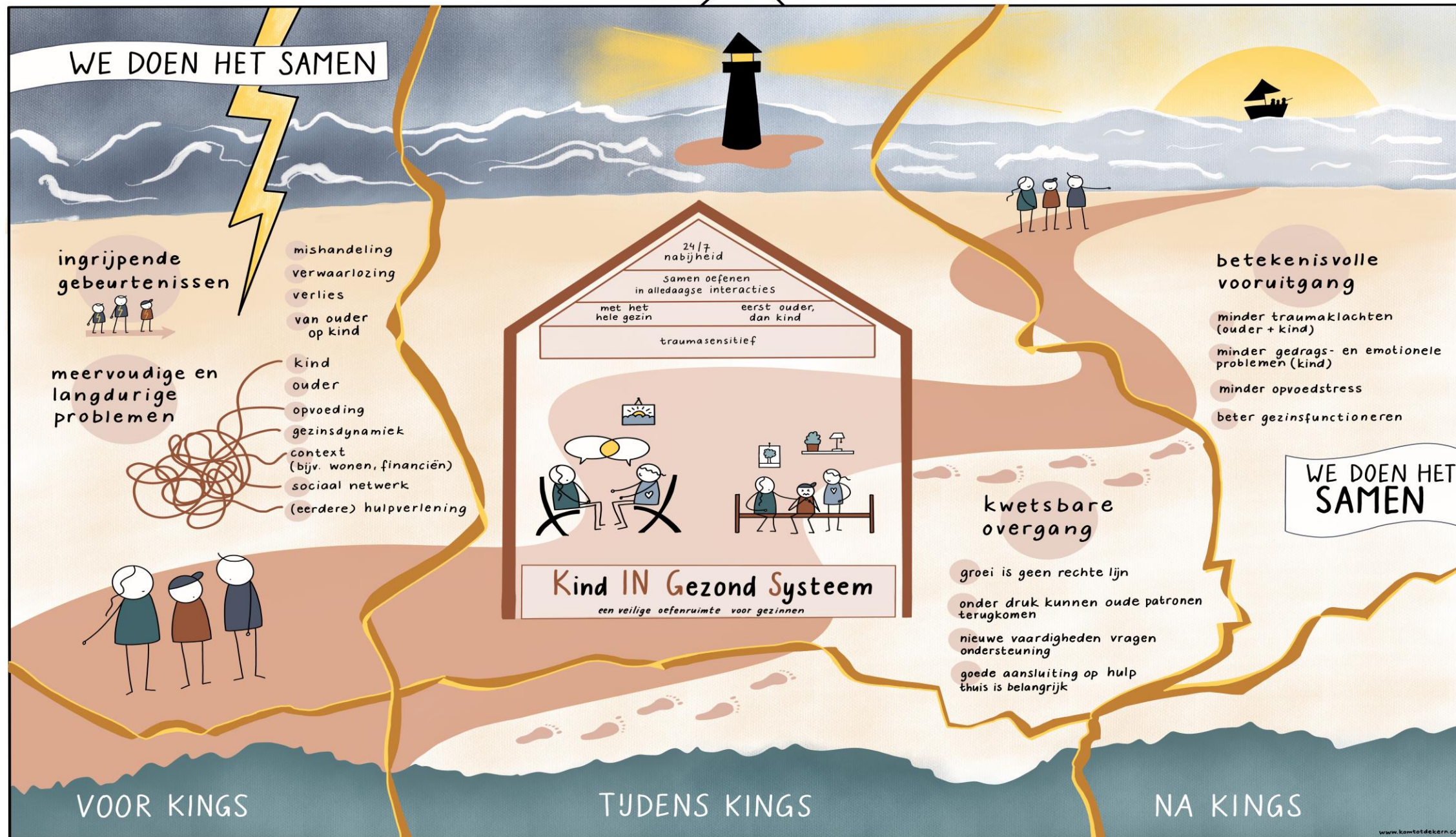


Combination of treatment components across phases:

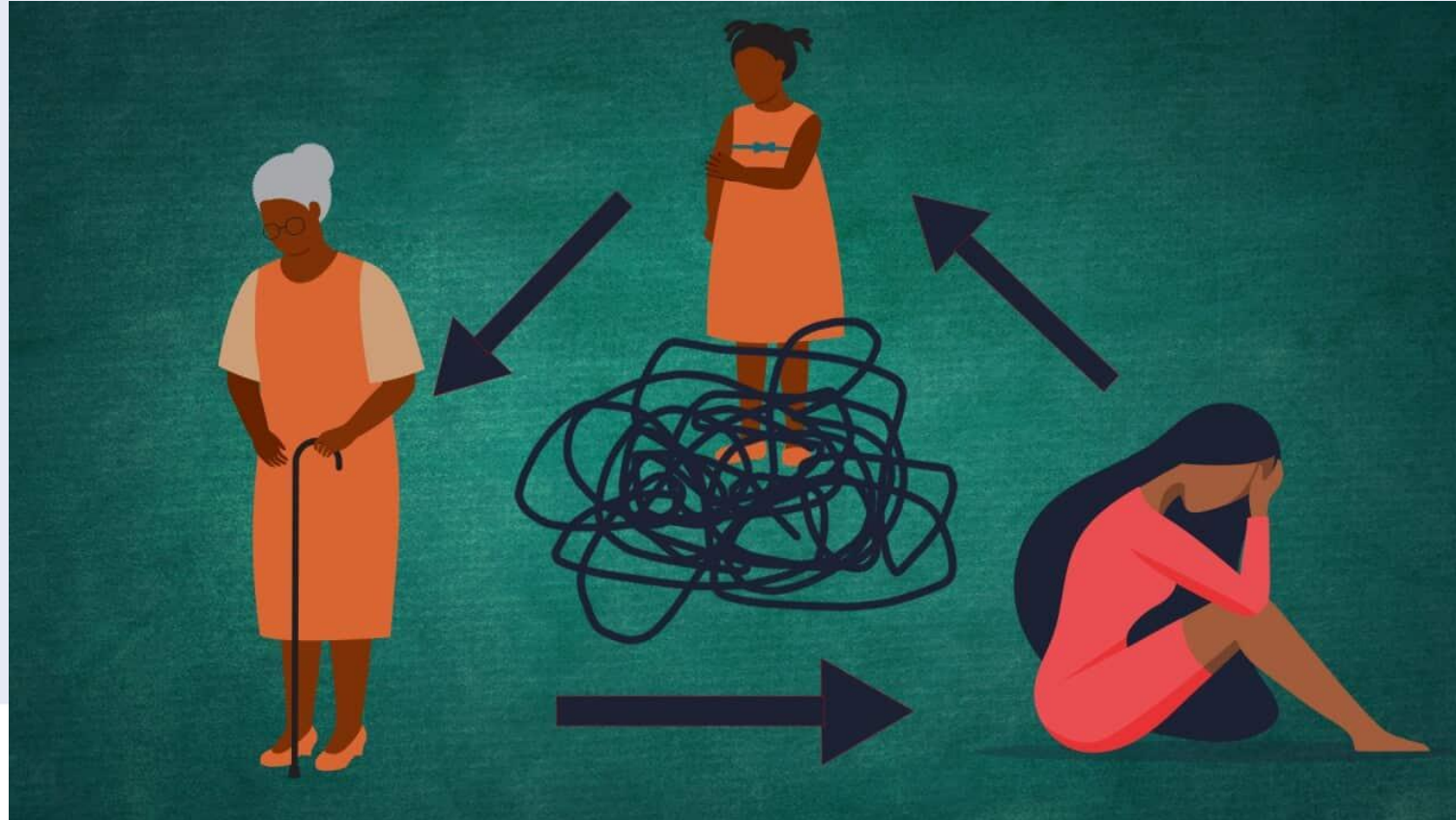
- Motivational Interviewing
- Body-oriented therapy
- Videofeedback
- Evidence-based trauma treatments (Eye Movement Desensitization and Reprocessing (EMDR); Imaginal Exposure (IE))
- Modeling







Concluding



Dream No child out family placed without KINGS



Thank you!

Questions?



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